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Patient Instructions to follow PRIOR to IV Sedation:

1. Please plan to have someone with you for 24 hours after surgery.
2. Do not eat or drink after midnight (the night before).
3. Wear comfortable loose clothing, preferably short sleeves, no tight fitting T-shirts. Ladies bring a lightweight jacket or sweater and remove all jewelry around the neck. Do not wear high heels as your reflexes may be slowed and walking in high heels may be hazardous.
4. Nail polish must be removed.
5. All patients who take prescribed medication regularly must know the name of the medicines they use and must bring that medicine with them on the scheduled day of their appointment. **Insulin taking diabetics should take ½ the dose of their insulin in the morning of the dental appointment – they will have early schedule priority.
6. Ladies do not wear make up. Cosmetics can contaminate the surgical site.
7. Patients scheduled for IV sedation should plan to spend a minimum of two hours in the office: a certain portion of that time (1/2 hour to 1 hour) will be spent recovering from the medication given.

What Should I do AFTER Intravenous Sedation:

Recovery after intravenous sedation is usually prompt and without complications. It is important, however, to take certain precautions to minimize risks:

1. I understand that I* cannot leave alone and should be driven straight home without stopping, even for prescriptions, without Dr. Dameron's approval.
2. I understand that I* cannot be left alone in the car on the way home.
3. I understand that I* cannot stand or walk alone, even to the bathroom, for six hours after discharge from the office.
4. I understand that I* cannot stay by myself for 24 hours after discharge from the office.
5. I understand that there is a risk of falling or fainting for up to 24 hours after the last dose of intravenous sedation OR prescription pain medicine. I understand that it can be dangerous to drive during that period. I understand that I may not drink alcoholic beverages while taking prescription pain medicine.
6. I understand that I am to contact Dr. Dameron if I have questions or concerns about any of this information.