## Stanley D. Dameron, DDS & Assoc., PC 910 Littlepage Street Fredericksburg, VA 22401 (540) 373-5642

## YOUR NEW CROWN AND HOME CARE

I trust you will be comfortable with your recent restoration. All that preparation, fitting, and adjusting is worth it. Your oral function is back up to speed now.

The new crown we placed will improve your bite and prevent your tooth from breaking. Because this type of crown lasts a long time, it will help sustain the health of neighboring teeth by minimizing shifting or movement of your teeth.

We've seen very few problems arise, but have encountered an occasional porcelain fracture caused by biting hard foods – candies and bone, for instance. Bad habits, like chewing ice, can challenge the integrity of a crown. Avoid these behaviors.

Without meticulous cleaning, the margin of your crown – where the crown itself meets the surface of the root beneath the gum – may be compromised. Floss quite carefully in this area. Bacteria are tiny, and will invade at the slightest opportunity. Don't let them.

Continue coming in for regular examinations so we can evaluate the fit of your crown over time. In the meantime, call us with any problems you encounter and we'll schedule you early.